

Wilmette Public Schools District 39

Allergen List - for menu 'Elementary Lunch' From: 1/1/2024 To: 1/31/2024

Monday, January 8, 2024

Recipe #	Recipe Name	Allergen(s)
837	1% Low Fat Milk	Milk
712	French Toast Sticks	Soy, Wheat
304	Fresh Fruit	
990073	MILK,CHOC,LOWFAT, 1%	Milk
990075	SYRUP CUP MAPLE	
300	Turkey Sausage	Soy
82	Veggies	

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Tuesday, January 9, 2024

Recipe #	Recipe Name	Allergen(s)
837	1% Low Fat Milk	Milk
304	Fresh Fruit	
403	Hot Dog on a Wheat Bun	Gluten, Wheat
990073	MILK,CHOC,LOWFAT, 1%	Milk
802	Tater Tot's	Gluten, Wheat
82	Veggies	

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Allergen List - for menu 'Elementary Lunch' From: 1/1/2024 To: 1/31/2024

Wednesday, January 10, 2024

Recipe #	Recipe Name	Allergen(s)
837	1% Low Fat Milk	Milk
359	Breadstick	Gluten, Wheat
360	Butter	Milk
304	Fresh Fruit	
334	Marinara Sauce 1/2 C	
990073	MILK,CHOC,LOWFAT, 1%	Milk
346	Rotini	Gluten, Milk
352	Seasonal Vegetables	Milk

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Allergen List - for menu 'Elementary Lunch' From: 1/1/2024 To: 1/31/2024

Thursday, January 11, 2024

Recipe #	Recipe Name	Allergen(s)
837	1% Low Fat Milk	Milk
304	Fresh Fruit	
990073	MILK,CHOC,LOWFAT, 1%	Milk
840	Pizza 5" Round Deep Dish Tonys	Gluten, Milk, Soy, Wheat
485	Salad	Milk

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Friday, January 12, 2024

Recipe #	Recipe Name	Allergen(s)
837	1% Low Fat Milk	Milk
390	Bagel - McKenzie	Gluten, May Contain Sesame, Wheat
306	Cream Cheese Cup	Milk
304	Fresh Fruit	
763	Jelly Cup	
990073	MILK,CHOC,LOWFAT, 1%	Milk
352	Seasonal Vegetables	Milk
990072	String Cheese	Milk

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Allergen List - for menu 'Elementary Lunch' From: 1/1/2024 To: 1/31/2024

Tuesday, January 16, 2024

Recipe #	Recipe Name	Allergen(s)
837	1% Low Fat Milk	Milk
304	Fresh Fruit	
348	Green Beans	Milk
614	Macaroni and Cheese	Egg, Milk, Wheat
228	MILK,1% Chocolate	Milk

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Allergen List - for menu 'Elementary Lunch' From: 1/1/2024 To: 1/31/2024

Wednesday, January 17, 2024

Recipe #	Recipe Name	Allergen(s)
837	1% Low Fat Milk	Milk
810	Chips-Selection Varies	Wheat
304	Fresh Fruit	
990073	MILK,CHOC,LOWFAT, 1%	Milk
352	Seasonal Vegetables	Milk
414	Turkey Sandwich on Wheat	Gluten, May Contain Sesame, Milk, Soy, Wheat

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Allergen List - for menu 'Elementary Lunch' From: 1/1/2024 To: 1/31/2024

Thursday, January 18, 2024

Recipe #	Recipe Name	Allergen(s)
837	1% Low Fat Milk	Milk
304	Fresh Fruit	
990073	MILK,CHOC,LOWFAT, 1%	Milk
840	Pizza 5" Round Deep Dish Tonys	Gluten, Milk, Soy, Wheat
485	Salad	Milk

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Allergen List - for menu 'Elementary Lunch' From: 1/1/2024 To: 1/31/2024

Friday, January 19, 2024

Recipe #	Recipe Name	Allergen(s)
837	1% Low Fat Milk	Milk
390	Bagel - McKenzie	Gluten, May Contain Sesame, Wheat
306	Cream Cheese Cup	Milk
304	Fresh Fruit	
763	Jelly Cup	
990073	MILK,CHOC,LOWFAT, 1%	Milk
352	Seasonal Vegetables	Milk
990072	String Cheese	Milk

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Allergen List - for menu 'Elementary Lunch' From: 1/1/2024 To: 1/31/2024

Monday, January 22, 2024

Recipe #	Recipe Name	Allergen(s)
837	1% Low Fat Milk	Milk
340	Brown Rice	Milk, Sesame, Soy
304	Fresh Fruit	
990073	MILK,CHOC,LOWFAT, 1%	Milk
640	Pork Eggroll	Egg, Sesame, Wheat
352	Seasonal Vegetables	Milk
372	Vegetable Eggroll	Egg, Soy, Wheat

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Allergen List - for menu 'Elementary Lunch' From: 1/1/2024 To: 1/31/2024

Tuesday, January 23, 2024

Recipe #	Recipe Name	Allergen(s)
837	1% Low Fat Milk	Milk
810	Chips-Selection Varies	Wheat
304	Fresh Fruit	
401	Meatball Sandwich 1-6	Gluten, Milk, Soy, Wheat
990073	MILK,CHOC,LOWFAT, 1%	Milk
82	Veggies	

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Allergen List - for menu 'Elementary Lunch' From: 1/1/2024 To: 1/31/2024

Wednesday, January 24, 2024

Recipe #	Recipe Name	Allergen(s)
837	1% Low Fat Milk	Milk
315	Baked Chips-Selection Varies	
304	Fresh Fruit	
357	Grilled Cheese	Gluten, May Contain Sesame, Milk, Soy, Wheat
990073	MILK,CHOC,LOWFAT, 1%	Milk
352	Seasonal Vegetables	Milk
358	Tomato Soup	Milk

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Allergen List - for menu 'Elementary Lunch' From: 1/1/2024 To: 1/31/2024

Thursday, January 25, 2024

Recipe #	Recipe Name	Allergen(s)
837	1% Low Fat Milk	Milk
304	Fresh Fruit	
990073	MILK,CHOC,LOWFAT, 1%	Milk
840	Pizza 5" Round Deep Dish Tonys	Gluten, Milk, Soy, Wheat
485	Salad	Milk

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Allergen List - for menu 'Elementary Lunch' From: 1/1/2024 To: 1/31/2024

Monday, January 29, 2024

Recipe #	Recipe Name	Allergen(s)
837	1% Low Fat Milk	Milk
494	Chicken Gravy	Milk, Soy, Wheat
317	Corn	Milk
304	Fresh Fruit	
753	Italian Chicken Tenders, Barbe	Gluten, Milk
509	Mashed Potatoes	Milk
990073	MILK,CHOC,LOWFAT, 1%	Milk

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Allergen List - for menu 'Elementary Lunch' From: 1/1/2024 To: 1/31/2024

Tuesday, January 30, 2024

Recipe #	Recipe Name	Allergen(s)
837	1% Low Fat Milk	Milk
304	Fresh Fruit	
990073	MILK,CHOC,LOWFAT, 1%	Milk
822	Nacho Cheese - WJHS	Milk
496	Salsa - 1TBS	
352	Seasonal Vegetables	Milk
338	Tortilla Chips	
338	Tortilla Chips	
823	Turkey Taco Meat - WJHS	Milk

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Allergen List - for menu 'Elementary Lunch' From: 1/1/2024 To: 1/31/2024

Wednesday, January 31, 2024

Recipe #	Recipe Name	Allergen(s)
837	1% Low Fat Milk	Milk
990084	CHICKEN & VEGETABLE DUMPLINGS	Sesame, Soy, Wheat
304	Fresh Fruit	
990073	MILK,CHOC,LOWFAT, 1%	Milk
352	Seasonal Vegetables	Milk
5046	TERIYAKI SAUCE	Soy, Wheat
777	Vegetable Brown Rice	Sesame, Soy

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